

# LECTURE #4

# Regionalism

HUM 240

FOOD IS CULTURE

THE SUCCES OF “MADE IN ITALY”

# Does Italian cuisine exist?

- ▶ Italian cuisine is distinctly regional. The 20 regions have their history, specific traditions and experiences, and, of course, distinctive approaches to food.
- ▶ If many differences can be attributed to the long history of foreign colonization and occupation that goes as far back as pre-Roman times, other than the specific geography of the Country
- ▶ Italy extends from the Mont Blanc massif to the island of Lampedusa, which is a few kilometers from the African coast. How can people live in such distant and different places produce similar cooking experiences?



Alps

Po Valley

Apennines

Adriatic Sea

Tyrrhenian Sea













