

LECTURE #3

The foreign influences

HUM 240

FOOD IS CULTURE

THE SUCCES OF “MADE IN ITALY”

Italian cousin as a mosaic of experiences

- ▶ Italian cousin is a mosaic of experiences rather than a single tradition
- ▶ Italian cuisine is distinctly regional
- ▶ Differences can be attributed to the specific geography of the Country, other to the long history of foreign colonization and occupation that goes as far back as pre-Roman times
- ▶ Foreign cuisines have influenced Italy's multifaceted cuisine

Foreign influences on Italian cuisine

The Italic, the Etruscans, and the Phoenicians

- ▶ The Greeks and Romans
 - ▶ The pleasure of eating
 - ▶ Joy and conviviality of food
- ▶ Greek/Roman and North European eating habits
 - ▶ bread, wine, and oil civilization VS meat, milk, and butter civilization
- ▶ The Celts, Barbarians, Arabs, French, Spanish, Austrian people, etc.
- ▶ North and South

Italian Sayings

Chi non beve in compagnia o è un ladro o è una spia.

Whoever does not drink in company is either a thief or a spy.

Ecco il rimedio per l'ipocondria: mangiare e bere in buona compagnia.

Here is the remedy for hypochondria: eat and drink in good company.

Chi mangia da solo si strozza.

Those who eat alone choke.

Chi mangia solo, crepa solo.

Who eats alone dies alone.

Chi mangia e non invita, possa strozzarsi a ogni mollica.

Whoever eats and does not invite can choke on every crumb.

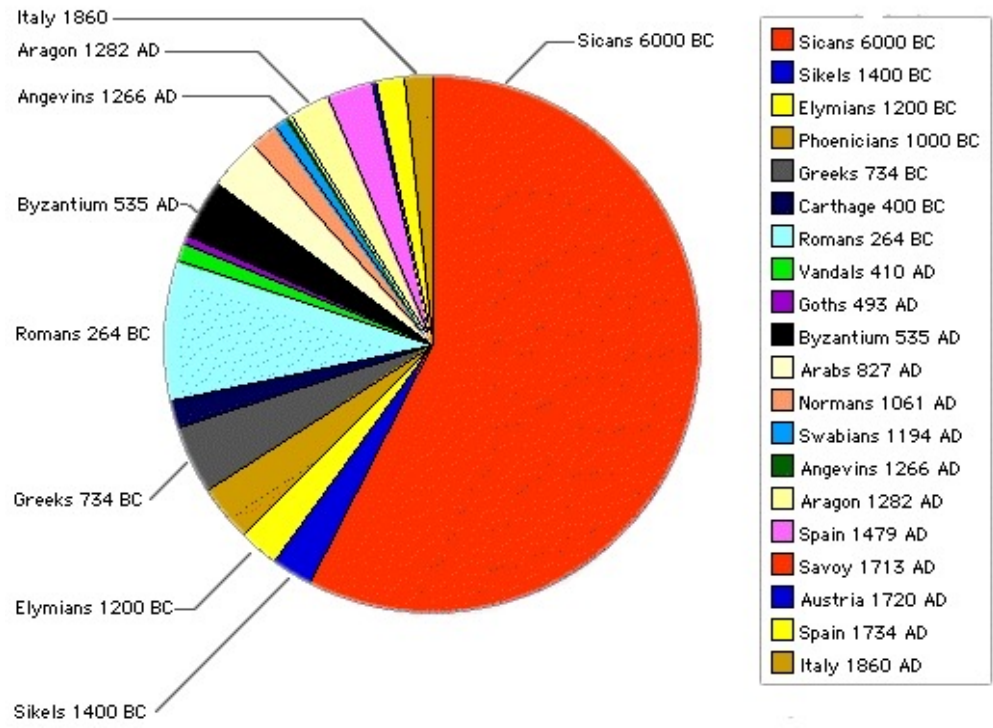


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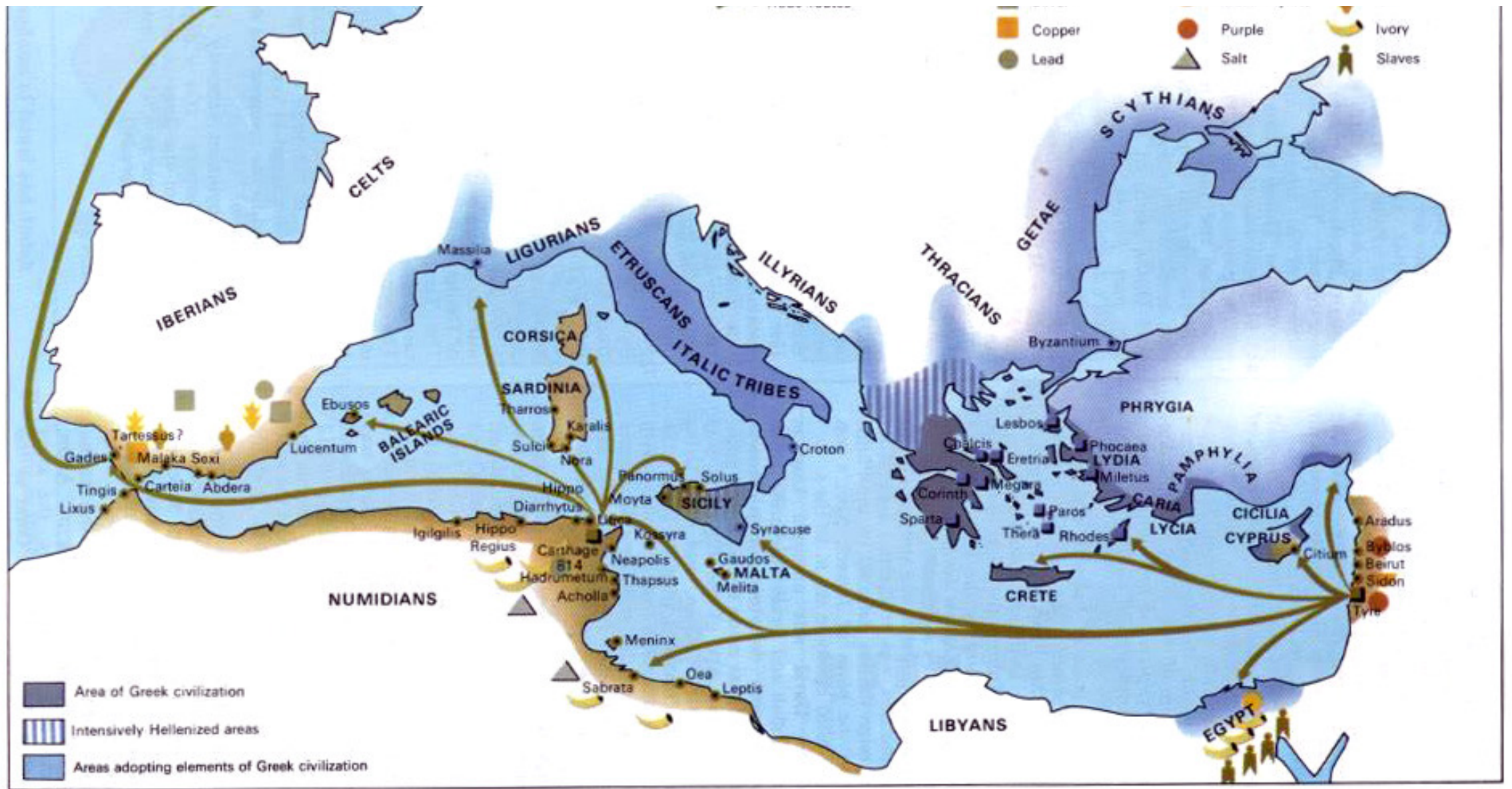


2a metà dell'Età del Bronzo si diffusero lingue di origine Indo-Europea come l'Oscio-Umbro e il Latino-Falisco. Le distinzioni tra i vari gruppi etnici si



- Etruria, 750 BC
- Etruscan expansion, 750-500 BC
- Etruscan League city
- Other Etruscan city

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The Roman Empire in 117 AD, at its greatest extent



CELT

RET

CAMUNI

CARNI

SALASSI

LEPONZI

VENETI

TAURINI

INSUBRI

CENOMANI

LIGURI

BOI

LINGONI





